




Three Graces

— HEALTH & BEAUTY —

Treatment Menu

ANTI-AGEING, SKIN HEALTH & WELLNESS CLINIC

*Dedicated to Helping You Face The World
Feeling Happy, Healthy and Confident*




Welcome to Three Graces Health & Beauty, a clinic created to focus on your happiness, confidence and wellbeing.

Our goal is to create a memorable experience for each and every client by offering outstanding treatments in a relaxed environment. Our peaceful and luxurious setting allows you to escape the outside world and enables you to relax, revitalise and rejuvenate your mind, body and soul.

We are committed to providing proven and effective skin health and anti-ageing treatments that deliver outstanding results. Our specially designed non-invasive treatments ensure we are not only treating your concerns but we are able to provide you with an experience that benefits your entire soul.

We look forward to welcoming you and customising a treatment that ensures you feel the best version of yourself possible!



Facial Treatments



Our clinic is dedicated to providing our clients with some of the world's most advanced non-invasive anti-ageing treatments that are currently available. We are passionate about the way you feel and the confidence that good healthy skin can bring into your life.

Whether you are concerned about teenage or adult acne, pre-mature ageing, lines and wrinkles, pigmentation, rosacea, uneven skin tone and texture, sagging and loss of elasticity, pore size, sensitive or lack of hydration we will customise a treatment that addresses your concerns. All our treatments are specially designed to enhance your overall wellbeing and we are committed to you leaving our clinic feeling the best you possibly can.

All Facial Treatments include:

- **A Client Assessment**
- **Skin Diagnosis**
- **Relaxing Aromatherapy Foot Soak & Herbal Tea Ritual**
- **Home Care Advice and Treatment Plan**



Luxurious Botanical Facials

LUXURIOUS BOTANICAL FACIALS FOR BEAUTIFUL HEALTHY SKIN

Edible Beauty Australia is our exclusive toxin free skin care range; their philosophy is based on illuminating your natural beauty using the highest grade pure, botanical and wildcrafted ingredients that are backed by powerful science.

Treatments

BOTANICAL FACIAL - 60mins - \$75

Suitable for all skin types this facial is an excellent introduction into the four essential steps for a luxurious toxin free beauty routine – Edible Beauty Australia's 'Cleanse, Tone, Boost & Hydrate'. This treatment utilises the highest grade of active ingredients to nurture and revitalise the skin.

BOTANICAL GOLDEN GLOW FACIAL - 75mins - \$90

Suitable for all skin types this relaxing facial showcases our signature botanical toxin free skin care range, Edible Beauty Australia. This treatment provides the ultimate golden glow as high grade active ingredients nourish and hydrate the skin. A customised aromatherapy facial massage and a luxurious collagen boosting mask make this treatment an exquisite treat for the skin.

YOUTHFUL RADIANCE FACIAL - 90mins - \$105

Bring back your youthful radiance with this energising facial treatment that utilises our exclusive botanical toxin free range of skin care and includes a customised aromatherapy facial massage to greatly enhance the health and texture of the skin, a luxurious antioxidant rich mask as well as highly effective eye and lip treatment masks to hydrate, soothe and revitalise these delicate areas.



LED 'Lightstim' Light Therapy

"Beauty is the opposite of perfection – It's about confidence,
charisma and character'

LED Light Therapy is an advanced clinically proven anti-ageing skin treatment that stimulates cellular regeneration to produce collagen and elastin and promotes greater absorption of serums. We are very proud to offer our clients the "Lightstim" LED Light Therapy system from the USA which is a leader in the industry supplying this equipment to Plastic Surgeons, Dermatologists, Aestheticians and other licensed skincare and wellness professionals.

What are the Benefits of LED "Lightstim" Light Therapy?

- Suitable for all skin types and conditions
- Dramatically enhances product penetration and efficacy
- Reduces fine lines and wrinkles
- Reduces inflammation and superficial reddening of the skin
- Minimises pore size while tightening and toning the skin
- Enhances results of skin's texture and tone
- Creates and promotes radiant, youthful skin
- Relaxing and non-invasive treatment

Treatments

CREATE & PROMOTE RADIANT, YOUTHFUL SKIN NATURALLY!

ADD LED 'Lightstim' Light Therapy to any Treatment - 20mins - \$45



"LIGHTSTIM" BOTANICAL FACIAL - 90mins - \$110

Suitable for all skin types this treatment provides a sophisticated and advanced non-invasive anti-ageing solution and greatly enhances product penetration into the lower layers of the skin to stimulate the collagen and elastin production. The most effective way to create and promote radiant, youthful skin!

Course of 6 professional salon treatments also includes an Edible Beauty Australia Skin Care Pack (valued at \$73) - \$600. Course can be paid weekly during Course treatment plan.

SIGNATURE TREATMENT: DELUXE "LIGHTSTIM" BOTANICAL 'ANTI-AGEING' FACIAL - 90mins - \$140

Suitable for all skin types this collagen boosting anti-ageing facial utilises our signature botanical toxin free skin care range, Edible Beauty Australia, together with advanced non-invasive anti-ageing light therapy to boost collagen and create and promote radiant, youthful skin. Our deluxe 'Signature Treatment' includes an aromatherapy facial massage to greatly enhance the health and texture of the skin, a luxurious antioxidant rich mask as well as highly effective eye and lip treatment masks to hydrate, soothe and revitalise these delicate areas.

Course of 6 professional salon treatments also includes an Edible Beauty Australia Skin Care Pack (valued at \$73) - \$800. Course can be paid weekly during Course treatment plan.

The ultimate anti-ageing treatment ideal prior to special events or as non-invasive solution to correct the skin and reverse the signs of ageing.





Advanced Cosmeceutical Skin Solutions

“It is my belief that all women and men deserve to feel beautiful and confident within their own skin.”

Michelle Doherty, Director – Alpha-H

Alpha-H is an award winning Australian skincare brand that has become a thriving international phenomenon. It is a brand with a cult following of beauty and lifestyle editors, clinicians and professional make-up artists in all four corners of the globe. Alpha-H is a results driven brand that is committed to achieving visible results of replenishment and rejuvenation whatever your skin type or age.

Alpha-H stands for integrity and generosity – never skimping or cutting corners on the critical high percentages of active ingredients that deliver fast, effective results. We are extremely proud to be offering the Alpha-H professional treatments and product range. They follow our passion of holistic and natural health by avoiding unnecessary chemicals, fragrances and believe that no matter your skin type, budget or lifestyle you should be able to have beautiful, healthy skin.

ADVANCED COSMECEUTICAL FACIAL – 75-90mins - \$140

This advanced facial treatment utilises high percentage cosmeceutical ingredients to target your own individual skin concerns. Each skin is unique so we have created a treatment that can be tailored with the very finest peels and masks to provide you with the best complexion possible.

For exceptional results we recommend a series of treatments to specifically target your concerns together with an affordable and effective cosmeceutical skincare routine. LED "Lightstim" Light Therapy can also be added to further enhance your results providing long term benefits.

Each treatment includes:

- Aromatherapy foot soak and herbal tea ritual
- Customised Treatment Plan
- Advanced Cosmeceutical Facial - cleanse, tone, steam, exfoliate and vitamin infused facial massage
- Enzyme Peel & Intensive Mask – customised to target your individual skin concerns

Course x 6 salon professional treatments + Alpha-H Award Winning Protection Plus SPF50+ Skincare (Valued at \$62) - \$775. Course can be paid weekly during treatment plan.

CUSTOMISATION - ENZYME PEELS:

- **Papaya & Pineapple Enzyme Exfoliating Mask** – suitable for all skin types – a hydrating and exfoliating enzyme mask which restores suppleness, smoothness and youthful glow to congested, dehydrated skin whilst improving moisture retention and elasticity.
- **Re-Balancing Flower Mask** – suitable for all skin types including acne, thickened skin, blocked pores, congested and stressed skin – a Hibiscus Petal, Arnica and Chamomile flower mask that rebalances and detoxifies lifeless skin that is showing signs of toxic stress.

CUSTOMISATION - INTENSIVE MASKS:

- **Smoothing Mask with Aloe Vera** – suitable for all skin types – a beautiful cooling and smoothing mask ideal for de-stressing, moisturising and rejuvenating the skin.
- **Anti-Oxidant EFA Mask with Green Tea & Omega 6** – suitable for all skin types – a hydrating creamy mask that instantly nourishes and softens the skin.
- **Hydra Plus Comforting Mask with Algae Extracts & Wheat germ Oil** – suitable for all skin types – specially formulated to moisturise and give comfort to dry and devitalised skin.
- **Vitamin C Cherry Mask with Cherry Extract (Modellage)** – Suitable for mature, dehydrated and sun damaged skin – this powerful antioxidant mask stimulates collagen synthesis to firm and tighten ageing skin whilst fading out pigmented patches and age spots.
- **Cryogenic Firming Mask with Spirulina (Modellage)** – Suitable for mature, dehydrated and ageing skin that is depleted in collagen and elastin – an invigorating skin-lifting mask formulated to strengthen the skin structure and make it more resilient to environmental aggression.
- **Azulene Mask with Chamomile Extract (Modellage)** – Suitable for all skin types especially sensitive and weak skins – the ultimate anti-inflammatory treatment designed to calm, reduce redness and absorb excess heat.
- **Clear Skin Treatment Mask with Tea Tree Oil (Modellage)** – Suitable for problematic, congested and blemish prone skin – this cooling mask absorbs excess sebum, detoxifies and purifies whilst reducing inflammation for immediate and visible results.





Intraceuticals Oxygen Infused Treatments

"Beauty is being the best possible version of yourself
on the inside and out!"


Audrey Hepburn

Intraceuticals is an Australian company that was founded in 2002 as a result of research into various applications of oxygen. Development of the Intraceuticals Treatment, coined the "Oxygen Facial", has been a revolution in the professional skincare market. For the first time offering a crossover treatment which validates the relaxation and pampering aspects of the services while delivering dramatic instant results with no down time.

What are the Benefits of an Intraceuticals Treatment?

- Suitable for all skin types and conditions
- Instant visible results
- Deeply hydrates and helps enhance volume and skin density
- Firms, lifts and improves overall texture and tone
- Minimises pore size while tightening and toning the skin
- Dramatically reduces the appearance of fine lines and wrinkles
- Comforts dry, sensitive or stressed skin
- Helps to banish bacteria and provides an immediate increase in skin radiance and glow
- A very relaxing and non-invasive treatment

The Intraceuticals Course – Perfect for that special event or for anyone wanting beautiful, fresh, nourished, radiant, younger looking and feeling skin.... INSTANTLY!





Treatments

REJUVENATING OXYGEN INFUSED FACIAL - 75mins - \$130

Hydrate/Lift/Tone - This clinically advanced Rejuvenating Oxygen Infused treatment maximises hydration and skin volume leaving the skin looking and feeling more youthful with a luminous radiance. The treatment delivers effective anti-ageing ingredients deep into the lower layers of the skin and is suitable for all skin types. Ideal for softening the visible signs of premature ageing, fine lines and wrinkles, sagging and loss of contour.

Course x 6 salon professional treatments + Rejuvenate Infusion Complete Home Care System (valued at \$370) - \$990. Course can be paid weekly during treatment plan.

OPULENCE OXYGEN INFUSED FACIAL - 75mins - \$130

Illuminate/Brighten/Tighten - The Intraceuticals Opulence Infusion treatment specifically targets pigmentation, uneven skin tone and age spots. This treatment provides the ultimate in brightening and improves skin radiance, provides intense and long lasting hydration and tightens and evens the skin tone. Ideal for dull, uneven skin tone, dark spots, melasma, sun damage and premature ageing.

Course x 6 salon professional treatments + Opulence Infusion Home Care System (valued at \$310) - \$990. Course can be paid weekly during treatment plan.

CLARIFYING OXYGEN INFUSED FACIAL - 75mins/\$130 - Student Discount: 75mins - \$100

Acne & Blemish Management - This Intraceuticals Clarity Infusion treatment is the ultimate weapon against problem prone skin. Impurities are banished leaving an antibacterial environment for calm clear skin. In just one treatment your skin will look and feel clarified and calm. Acne is diminished and pore aggravating bacteria is minimised while oil free nourishers ensure moisture balance is maintained to help prevent future breakouts. Suitable for problematic and aggravated skin.

Course x 6 salon professional treatments + Clarity Infusion Home Care System (valued at \$238) - \$990. Course can be paid weekly during treatment plan. Student discount also applies to Course of Treatments.



OXYGEN INFUSED AGE-DEFYING FACIAL 'INSTANT RESULTS' - 90mins/\$170

This treatment is the 'favourite' of the world's most admired A-Listers and recommended by Celebrities, Professional Make-Up Artists, Models, Photographers and Stylists all over the world.

THE BOTOX ALTERNATIVE - 100% non-toxic and safe

This treatment dramatically smoothes the appearance of wrinkles, visibly lifts brow and plumps lip contour and targets expression lines for instant and sustainable results – suitable for all skin types particularly those concerned with fine lines and wrinkles. Includes a Deluxe Eye and Lip treatment.

Course x 6 salon professional treatments + Rejuvenate Infusion Home Care System + Anti-Ageing Booster Serum (valued at \$420) - \$1,250. Course can be paid weekly during treatment plan.



THE HIGHLY EFFECTIVE BOOSTER SERUMS - 30 minutes/\$45

Four powerful, targeted additives can be used to your treatment to maximise your results; these serums can also be used on a daily basis to continue and prolong the incredible benefits.

Vitamin C+ 3 Booster – Smooth, Brighten, Strengthen – Benefits all skin types especially skin with signs of premature ageing, irregular tone and sun damage.

Collagen+ Booster - Restore, Tighten, Volume - Promotes renewal and rejuvenation to visibly improve skin volume and texture.

Antioxidant+ Booster - Detox, Revitalise, Balance - Powerful natural antioxidants revitalise and balance dull, stressed skin.

Vitamin A+ Booster – Regenerate, Clarify, Define - Clarifies congested skin for a brighter complexion whilst reducing irritation.

THE INDULGENT AND EFFECTIVE EYE & LIP ADD-ON - Hydrate/Smooth/Revitalise

Eye Mask Add-on to any treatment - \$15

Specifically targets fine lines, dark circles, puffiness and stressed skin around the delicate eye area. The skin is hydrated, brightened, tightened and rejuvenated instantly. Can also be used at home before special events!

Lip Mask Add-on to any treatment - \$15

Provides a burst of hydration to improve the appearance of fine lines promoting a soft texture to the lips and skin surrounding the mouth. This moisture rich mask gently soothes and plumps the lips, increasing blood flow which helps to define the lip line, providing a full and rich natural colour.



Eyes and Lashes



Our holistic approach to wellbeing and beauty has led us to the introduction of the highest quality mink and silk lashes to compliment your healthy, beautiful skin. Whether you choose a natural lash or a glamorous lash we will ensure they suit your eyes and compliment your face in the best possible way. Our aim is to give you beautiful healthy skin and natural looking lashes that allow you to have a carefree lifestyle and make you feel confident and beautiful.

Natural Full Set - \$120

Recommended for small to medium eyes - Approximately 40-50 extensions per eye.

Natural Half Set - \$60

A beautiful natural look with lashes placed from the outer corner to the middle of the eye.

Lavish Half Set - \$80

A dramatic yet sophisticated look with lashes placed from the outer corner to the middle of the eye.

Lavish Full Set - \$140

Recommended for medium to large eyes and special events - this is the most popular treatment - 60-80 extensions per eye

In Fills

Pricing is based on the time between each treatment and we replace the lashes that have naturally shed due to the lash cycle.

- In Fills - 2 weeks - \$50
- In Fills - 3 weeks - \$70
- In Fills - 4 weeks - \$90

We do not carry out In Fills on work done by other technicians however we are happy to remove your lashes and replace with a new set.

Massage & Body



Our massage and body treatments have been specifically designed to not only be a relaxing and therapeutic treatment but also provide tremendous physiological and psychological benefits. We believe that our bodies should only absorb the very finest natural ingredients and we have therefore carefully selected toxin free and 100% natural products that will enhance all our treatments and increase the benefits.

A personalised treatment plan will be developed to best suit your needs with a home care prescription to maintain and continue the benefits of all massage and body treatments. Our aim is to provide you with a peaceful and private environment, exceptional quality natural products and a high level of knowledge to gain the maximum benefit from your treatment.

All Massage and Wellness Treatments include:

- A Client Assessment
- Relaxing Aromatherapy Foot Soak & Herbal Tea Ritual
- Home Care Advice and Treatment Plan



Massage Treatments

RELAXATION MASSAGE - FULLY CUSTOMISED - 60mins - \$80 / 90mins - \$110

A calming and relaxing treatment using Swedish techniques to calm the nerves, stimulate the soft tissue and muscles, assist with the improvement of circulation and promote skin health. The advantage of pure essential oils is that they penetrate the skin and enter the blood stream where their therapeutic qualities affect both the physical body and emotional psyche which helps the body self-heal much faster than traditional topical application.

The following relaxation massages are customised and target skin nourishment and hydration whilst providing therapeutic benefits to the mind, body and soul. We offer a range of product options from a 100% natural fragrance-free moisturising body lotion to specialised blends of pure essential oils to target specific conditions whilst deeply hydrating the skin.

be Nourishing and Hydrated (Fragrance Free) - This treatment includes an aromatherapy foot soak and herbal tea followed by a massage with an exquisite fragrance-free natural moisturising body lotion rich in antioxidants, botanicals and vitamins to nourish, hydrate and promote elasticity.

be Uplifted (Aromatherapy) - A perfect treatment in times of stress and anxiety. This treatment includes an aromatherapy foot soak and herbal tea followed by a massage with an exquisite natural moisturising body lotion rich in antioxidants, botanicals and vitamins blended with pure essential oils to uplift, energise and propel you onwards.

be Calm (Aromatherapy) - The ideal treatment in times that require calmness and grounding. This treatment includes an aromatherapy foot soak and herbal tea followed by a massage with an exquisite natural moisturising body lotion rich in antioxidants, botanicals and vitamins blended with pure essential oils to calm and assist with relaxation of the mind and body.

be Inspired (Aromatherapy) - A treatment designed for those who are in the midst of reflection and meditation. This treatment includes an aromatherapy foot soak and herbal tea followed by a massage with an exquisite natural moisturising body lotion rich in antioxidants, botanicals and vitamins blended with pure essential oils to stimulate the senses, reflect and allow a deeper connection with your inner self.

“To keep the body in good health is a duty... otherwise
we shall not be able to keep our mind strong and clear”

Buddha

DETOXIFICATION AROMATHERAPY MASSAGE - 60mins - \$95 / 90mins - \$125

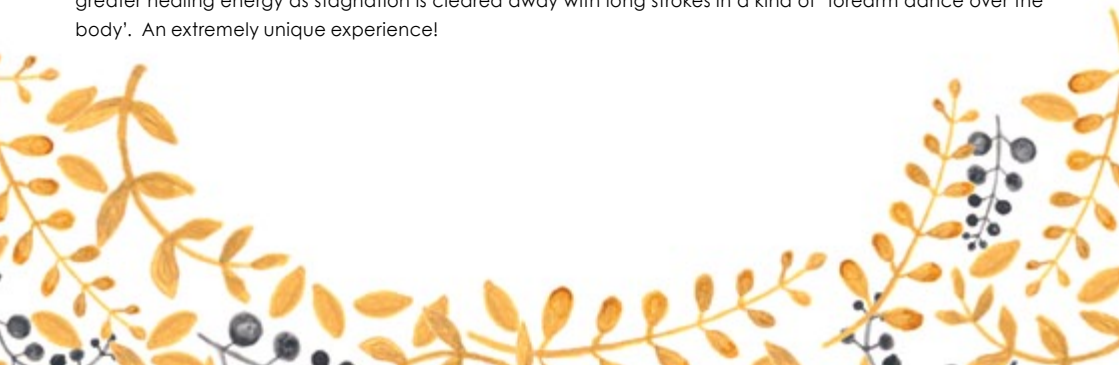
This treatment is designed to encourage the removal of toxins and improve the appearance of the skin. The therapeutic application of pure plant extracts and essential oils of lavender, geranium, sweet orange, lemon, lime, sage, ginger, frankincense, cypress and juniper are blended in sweet almond, wheatgerm and macadamia nut oils to assist with minimising fluid retention and increasing blood circulation whilst detoxification occurs through the use of massage. This treatment includes an aromatherapy foot soak, herbal tea and dry body brush to provide an overall wellbeing and nurturing experience.

HAHANA STONE MASSAGE - 60mins - \$120 / 90mins - \$150

This luxurious and beneficial treatment provides the ultimate in luxury and relaxation. After you have enjoyed a warm aromatherapy foot soak and herbal tea you will completely relax, unwind and be transported to another dimension with our Hahana Stone Massage. As a customised blend of warm pure essential oils are drizzled over your body your journey begins. Heated volcanic stones that have been smoothed over thousands of years by gentle flowing currents of water are then massaged in a firm and rhythmic sequence over the entire body to release healing energy deep into the muscles to dissolve tension and stress.

LOMI LOMI HAWAIIAN MASSAGE - 60mins - \$95 / 90mins - \$125

This ancient Polynesian style of massage restores balance to the body, mind and soul. Flowing movements over the entire body allows healing to take place which enables you to relax, reconnect and just be. This treatment begins with an aromatherapy foot soak and herbal tea which allows you to stop and relax for a moment before being treated to this beautiful and powerful practice. Lomi Lomi massage allows for a much greater healing energy as stagnation is cleared away with long strokes in a kind of ‘forearm dance over the body’. An extremely unique experience!



Body Treatments



SIGNATURE TREATMENT - LUXURIOUS BACK FACIAL & AROMATHERAPY MASSAGE - 90mins - \$125

Our signature treatment combines a luxurious back facial with a customised full body aromatherapy massage. The perfect indulgence!

- Aromatherapy foot soak and herbal tea ritual
- Luxurious Back Facial – deep cleanse, steam, exfoliation, mask and hot towel treatment.
- Customised Aromatherapy Massage – Pure high grade blend of warm aromatherapy essential oils are then customised and massaged over the body promoting both physical and emotional wellbeing.

LUXURIOUS BACK FACIAL & FIRMING BACK MASSAGE - 60mins - \$95

A combination of a relaxing back facial including a cleanse, exfoliation, mask and a luxurious massage with a delectable Coffee Contouring Crème. Edible Beauty's Coffee Contouring Crème is a highly effective body cream designed to firm, nourish and smooth the appearance of the skin with a potent cocktail of active ingredients. This luxurious treatment includes an aromatherapy foot soak and herbal tea ritual to provide a truly relaxing experience. Fantastic for special occasions, prior to vacations and the warmer months or just an indulgent treat!



Reiki

"To heal the body, you must first heal the mind."

Plato, 427-347bc

The word Reiki is made of two Japanese words – Rei which means "God's Wisdom or the Higher Power" and Ki which is "life force energy", therefore Reiki is actually "spiritually guided life force energy." This Universal Life Force Energy is also known around the world as "Divine Light", "Prana", "Chi" and "Life Force". The Usui System of natural healing, Reiki, is an ancient healing modality that was re-discovered by Dr Mikao Usui around the end of the 19th century. It dates back thousands of years to Atlantis, ancient Tibet, originally coming from the stars, dating all the way back to the beginning of time, the creation.

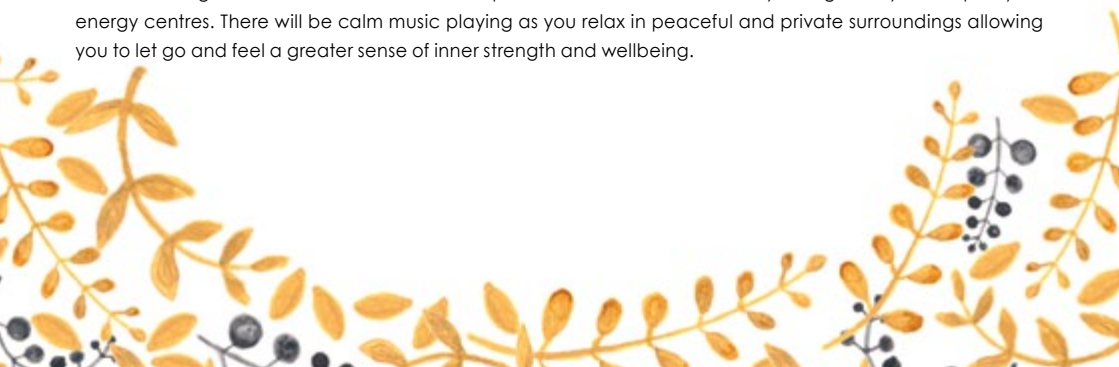
Reiki will stimulate the body's own natural healing abilities in the following ways:

- Mental Level - Reiki will ease stress, fear and depression
- Physical Level - Reiki will relieve aches and pains
- Emotional Level - Reiki will bring balance and promote personal development
- Spiritual Level - Reiki helps to bring peace and spiritual growth

Reiki Treatments

THE REIKI HEALING TREATMENT

A Reiki treatment is a very relaxing and enjoyable experience. It is completely safe and you will remain fully clothed throughout the treatment. The healer places their hands on the body and guides you to open your energy centres. There will be calm music playing as you relax in peaceful and private surroundings allowing you to let go and feel a greater sense of inner strength and wellbeing.



REIKI WELLNESS TREATMENT - 60mins - \$80*

Japanese for 'Universal Life Energy' Reiki is a treatment that helps create balance, harmony and wellbeing through a non-invasive light hand touch that transfers a flow of energy to the body. A wonderful treatment if you are looking for a deep sense of relaxation, you are suffering from any kind of physical pain or discomfort, you are experiencing a lot of change or you are pregnant. Reiki promotes overall wellbeing, increases energy flow, increases balance and harmony and assists your body to eliminate toxins. Your treatment will commence with a relaxing aromatherapy foot soak and herbal tea to allow you to feel grounded ahead of this powerful and beneficial treatment.

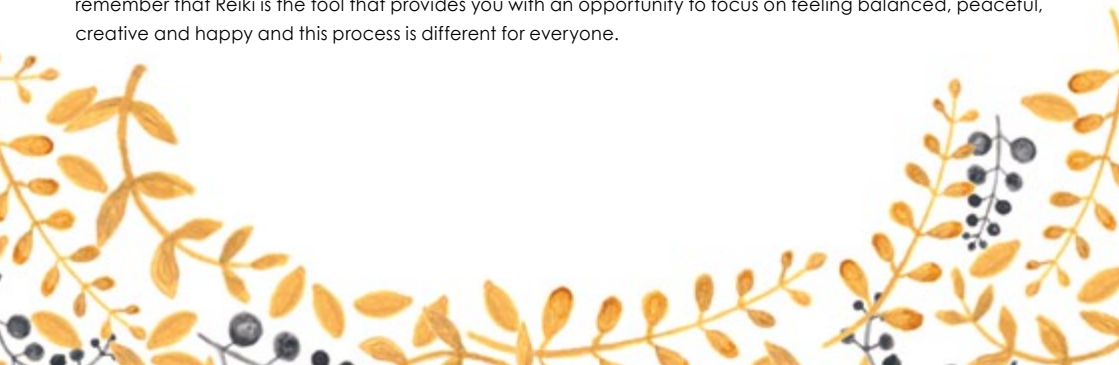
RELAXATION MASSAGE & REIKI WELLNESS TREATMENT - 90mins - \$125*

This treatment is the very best of both worlds! This is the perfect treatment if you are sensing a lot of negative emotions and your body is feeling deflated and lacking energy. We commence your treatment with an aromatherapy foot soak and herbal tea ritual which allows you to feel grounded ahead of this incredibly powerful treatment. You will then receive an aromatherapy relaxation massage which allows the mind, body and soul to completely relax and prepares you for your Reiki healing treatment. This unique combination of massage and Reiki has been specifically designed to detoxify your body and prepare it to receive Reiki which will increase your energy flow and provide you with a deep sense of relaxation, harmony and balance.

REIKI WELLNESS TREATMENT COURSE - 6 treatments + 100ml Balanced Essentials Pure Essential Oil Blend - \$700*

We are proud to offer you a wonderful opportunity to purchase 6 Reiki Wellness Treatments plus the Balanced Essentials BE VITAL Essential Oil as a gift to assist you on your way to overall wellness that assists you to find balance, comfort and harmony in your everyday life.

* The treatment time may vary depending on your needs and your state of relaxation; if there is a sense that you require a longer treatment time it will be granted at no additional cost. At times you may fall asleep and require time to wake or you may just want to continue your deep state of relaxation for whatever reason. Always remember that Reiki is the tool that provides you with an opportunity to focus on feeling balanced, peaceful, creative and happy and this process is different for everyone.





Clinic Etiquette

Our Clinic is a sanctuary where we encourage you to relax, unwind and focus on you. We have created an environment that is warm and caring and every client will receive professional, personalised and dedicated attention. Our commitment is to provide the very finest and most advanced and results-driven treatments and products, focusing on holistic health and wellbeing, in a beautiful and peaceful environment.

ON ARRIVAL

As we only have one client in the clinic at any one time we ask that you arrive 15 minutes prior to your appointment time to ensure we can provide a thorough consultation and recommendation. If you are not new to the salon and you have a treatment plan in place please ensure you arrive 5 minutes prior to your appointment time.

Following your consultation you will be left to enjoy a customised aromatherapy foot soak and a delicious beverage; our commitment is to ensure we provide an overall holistic experience for you to completely benefit from your time at Three Graces Health & Beauty.

Please ensure your mobile phone is switched off during the treatment time; we understand that at times you may need to leave your phone close by however we encourage you to make the most of our relaxing and private environment.

CANCELLATIONS

Please endeavour to contact us 24 hours prior to your appointment if you need to cancel. We understand that at times you may need to change or cancel your appointment however we kindly ask that you provide as much notice as possible.

Gift Vouchers



We are pleased to offer gift vouchers for single treatments, customised packages or a dollar value. If you have any specific requests or would like us to package a gift voucher with one of our beautiful products we will be happy to do so.

All Special Offers that include a complimentary gift as per our Special Offers Menu will be beautifully packaged in a Three Graces gift bag together with the gift voucher and complimentary gift while stocks are available.

All gift vouchers are valid for a 12 month period from date of purchase.

Gift vouchers can be purchased at the Clinic or by contacting us by
email : info@threegracesbeauty.com.au or
phone : **9634 6651**



Three Graces

— HEALTH & BEAUTY —

02 9634 6651

35 Kerrs Road, Castle Hill, NSW, 2154

info@threegracesbeauty.com.au

Clinic hours:

Tuesday to Friday – 11am to 9pm

Saturday & Sunday – 11am to 8pm

Appointments necessary

For further details please visit

www.threegracesbeauty.com.au